

A new formulation of COVID 19 vaccine for 2023-2024 is now recommended for all children age 6 months and older.

We now have this vaccine in stock. We are also scheduling appointments for anyone who wants it, and are offering it at every Well Exam

Please call our office at 315-452-1712 to schedule an appointment.

Due to a resurgence of COVID-19 infections in our community, in order to protect our patients and staff, we require any patient with any of the following COVID symptoms to test negative for COVID within 24 hours of an appointment.

<https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>

Per the CDC, possible symptoms include:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

This list does not include all possible symptoms. Symptoms may change with new COVID-19 variants and can vary depending on vaccination status. CDC will continue to update this list as we learn more about COVID-19. [Older adults](#) and people who have underlying [medical conditions](#) like heart or lung disease or diabetes are at higher risk for getting very sick from COVID-19.

You may do an at-home COVID test.

Free COVID-19 Tests

Every home in the U.S. is eligible to order 4 free at-home tests beginning November 20, 2023. If you did not order 4 tests earlier in the fall, you can place two orders for a total of 8 tests.

Visit [COVIDTests.gov](https://www.cdc.gov/coronavirus/2019-ncov/testing/self-testing.html) to order 4 additional free FDA-authorized COVID-19 tests.

At-home COVID tests are also available over-the counter at most pharmacies as well as major grocery and retail stores, such as Wegmans and Walmart. Your insurance may reimburse you if you purchase them through these stores. Check with your insurance for more details.

For more information about self-testing, please visit

<https://www.cdc.gov/coronavirus/2019-ncov/testing/self-testing.html>

If you are unable to obtain your own at-home test, as a courtesy to our patients, we have a supply of tests available at our office at a cost of \$5.00 per test. This must be paid by cash/check/or credit card. We will not bill your insurance. You should arrive at least 15 minutes before your appointment. Call from the parking lot and one of our staff will bring a test to your car. Administer the test, wait 15 minutes, and call us with the result. If it's negative you may bring your child in for the appointment. If the test is positive, you will be given further instructions.